



Start Lists Session Three

Event 301 Open/Male 200m Freestyle											
H 1	L 3	Alfie Mitchell	11	Linslade	4:08.21	H 11	L 1	Joe Vesztrocy	17	Flitwick	2:16.36
	L 4	Elijah Powell	11	Linslade	3:53.09		L 2	Oliver Meier	14	Biggleswade	2:15.74
	L 5	Antoni Konopka	11	Putteridge	3:56.06		L 3	Thomas Allen	28	Flitwick	2:14.40
H 2	L 1	Arthur De Voogt	10	Leighton Buz	3:44.92		L 4	Emmanuel Kolobius	15	Team Luton	2:13.60
	L 2	Joshua Bett	12	Flitwick	3:37.69		L 5	Alistair Shaw	44	Flitwick	2:14.17
	L 3	Samuel Denmark	11	Putteridge	3:30.98		L 6	Luke Owens	14	Putteridge	2:14.53
	L 4	Harrison Briggs	11	Flitwick	3:30.12		L 7	George Saunders	14	Team Luton	2:16.30
	L 5	Edward Nicoll	10	Putteridge	3:30.51		L 8	Philip Spalding	14	Putteridge	2:16.39
	L 6	Mazen Allam	11	Bedford SS	3:32.49	H 12	L 1	Archie Clarke	17	Flitwick	2:12.50
	L 7	Alfie Rees	11	Putteridge	3:41.65		L 2	George Little	16	Bedford SS	2:11.17
H 3	L 1	George Outtram	11	Flitwick	3:23.32		L 3	Daniel De Filippo	15	Flitwick	2:08.27
	L 2	Matthaios Tafasi	10	Putteridge	3:18.42		L 4	Nathan Close	18	Bedford SS	2:05.60
	L 3	Nathaniel Dent	12	Bedford SS	3:14.50		L 5	Marcus King	16	Putteridge	2:06.46
	L 4	Alisters Cimermanis	12	Putteridge	3:12.48		L 6	Adam O'Neal	16	Bedford SS	2:08.92
	L 5	Louis Santillo	10	Putteridge	3:13.43		L 7	Oliver Fenwick	15	Team Luton	2:11.83
	L 6	Jack May	12	Linslade	3:16.88		L 8	Edward Cook	17	Leighton Buz	2:12.70
	L 7	William Turner	12	Biggleswade	3:19.06	H 13	L 1	Cameron Jones	18	Bedford SS	2:03.31
	L 8	Jack Ellyard	10	Leighton Buz	3:30.10		L 2	Ryan Close	16	Bedford SS	2:02.35
H 4	L 1	Ismail Ahmed Wagan	11	Putteridge	3:10.63		L 3	Ryan Roberts	19	Putteridge	1:58.06
	L 2	Marcus Xu	12	Linslade	3:10.09		L 4	Matthew Wright	26	Team Luton	1:51.80
	L 3	Jack Robertson	12	Flitwick	3:08.30		L 5	Harrison Shaw	17	Flitwick	1:57.68
	L 4	Arthur Wainwright	11	Bedford SS	3:05.11		L 6	Ollie O'Connor	16	Dunstable	1:59.95
	L 5	George Stamp	13	Linslade	3:05.62		L 7	Daniel Meier	17	Biggleswade	2:02.57
	L 6	Kuba Kopec	11	Bedford SS	3:09.17		L 8	William Murfitt	18	Biggleswade	2:04.65
	L 7	Henry Chaloner	12	Biggleswade	3:10.60	Event 302 Female 100m Backstroke					
	L 8	Cameron Thackrah	11	Linslade	3:11.45	H 1	L 1	Ella Kolobius	11	Team Luton	1:59.65
H 5	L 1	Dexter Twyford	13	Leighton Buz	3:02.84		L 2	Elizabeth Parton	11	Linslade	1:56.19
	L 2	Harry Farnsworth	12	Bedford SS	3:01.40		L 3	Amy Jeavons	11	Bedford SS	1:53.87
	L 3	Luke Toland	13	Flitwick	2:56.84		L 4	Ellie Buckmaster	10	Putteridge	1:53.22
	L 4	Luke Trull	12	Dunstable	2:53.94		L 5	Chenae THOMAS	11	Leighton Buz	1:53.83
	L 5	Oliver Mitchell	13	Linslade	2:54.92		L 6	Annabel Reger	10	Bedford SS	1:53.89
	L 6	Casper Whittaker	12	Biggleswade	3:00.80		L 7	Keira Katasi	11	Linslade	1:56.34
	L 7	David Kandelaki	12	Linslade	3:01.62	H 2	L 1	Libby Taylor	11	Leighton Buz	1:52.23
	L 8	George Hing	12	Bedford SS	3:04.27		L 2	Lola Nevzat	11	Flitwick	1:50.31
H 6	L 1	Harrison Race	13	Flitwick	2:49.31		L 3	Lola Samuels	11	Linslade	1:49.20
	L 2	Clark Meanti	11	Putteridge	2:47.04		L 4	Lauren Ibbotson	11	Linslade	1:47.77
	L 3	Ben Goring-Farrow	13	Linslade	2:43.76		L 5	Thea Pearson	11	Flitwick	1:49.13
	L 4	Oliver Outtram	14	Flitwick	2:39.97		L 6	Georgia Goodwin	10	Biggleswade	1:50.02
	L 5	Zac Spiers	13	Putteridge	2:40.43		L 7	Josephine Brown	10	Linslade	1:51.92
	L 6	Noah Brazel-Hawkins	13	Dunstable	2:44.59		L 8	Chloe Wilmington	11	Flitwick	1:52.40
	L 7	Khaled Allam	13	Bedford SS	2:48.00	H 3	L 1	Mary Battersby	11	Team Luton	1:46.81
	L 8	Nathaniel Pantazi	12	Dunstable	2:51.53		L 2	Emily Emms	10	Biggleswade	1:45.94
H 7	L 1	Jack Canham	13	Team Luton	2:39.20		L 3	Tilly Scrivener	11	Team Luton	1:44.50
	L 2	Saul Edwards	14	Bedford SS	2:38.81		L 4	Cora Payne	10	Dunstable	1:43.37
	L 3	George Rhodes	14	Team Luton	2:36.46		L 5	Charlotte Abrahams	11	Putteridge	1:43.43
	L 4	Veljko Zivko	14	Bedford SS	2:31.92		L 6	Noelle Blakely	11	Flitwick	1:44.98
	L 5	George Hearn	14	Dunstable	2:33.60		L 7	Eleanor Wahl	11	Leighton Buz	1:46.23
	L 6	Mykhailo Vasylyev	14	Bedford SS	2:36.54		L 8	Ariella Burr	10	Biggleswade	1:47.68
	L 7	Euan Devine	14	Bedford SS	2:38.94	H 4	L 1	Lillian Owens	10	Putteridge	1:41.44
	L 8	Ethan Huntley	13	Team Luton	2:39.93		L 2	Emily Miles	11	Putteridge	1:41.11
H 8	L 1	Harry Rowson	13	Putteridge	2:30.84		L 3	Jemima Green	10	Dunstable	1:40.80
	L 2	Joseph Emms	13	Biggleswade	2:30.19		L 4	Inaaya Sampong	11	Team Luton	1:37.68
	L 3	Lochlan Shaw	14	Flitwick	2:25.23		L 5	Abbie White	11	Biggleswade	1:39.85
	L 4	Owain Roberts	15	Team Luton	2:24.98		L 6	Chloe Bucktrout	11	Linslade	1:40.97
	L 5	George Worsfold	14	Linslade	2:25.01		L 7	Ruth Biscoe	10	Team Luton	1:41.19
	L 6	Arnold Canares	15	Team Luton	2:25.44		L 8	Zuzanna Walaszek	11	Team Luton	1:41.99
	L 7	Hudson Sherwani	14	Flitwick	2:30.23	H 5	L 1	Evie Spalding	10	Putteridge	1:35.52
	L 8	Thomas Fenwick	13	Team Luton	2:31.56		L 2	Isabella Morris	11	Bedford SS	1:34.09
H 9	L 1	Daniel Talbot	14	Leighton Buz	2:24.46		L 3	Chloe Matthews	12	Linslade	1:32.40
	L 2	Henry Fallan	15	Bedford SS	2:23.96		L 4	Violet Rhodes	12	Team Luton	1:31.19
	L 3	Roux Maskell	15	Flitwick	2:22.31		L 5	Elizabeth Stocks	12	Linslade	1:32.02
	L 4	Stewart Butler	14	Dunstable	2:20.26		L 6	Clara Newby	12	Team Luton	1:33.20
	L 5	Kian Ptolomey	14	Putteridge	2:21.35		L 7	Ida Corcoran	15	Flitwick	1:34.67
	L 6	Solomon Dent	15	Bedford SS	2:23.10		L 8	Mia Hayes	11	Leighton Buz	1:36.16
	L 7	Joseph Elliott	15	Flitwick	2:24.28	H 6	L 1	Sophie Andrews	10	Flitwick	1:31.17
	L 8	Alexander Nimalathasan	15	Linslade	2:24.97		L 2	Alysia Marandu	12	Biggleswade	1:30.59
H 10	L 1	Rhys Thomas	16	Linslade	2:19.04		L 3	Lily Moxon-Booth	12	Flitwick	1:29.46
	L 2	Maximus Atkin	15	Linslade	2:18.35		L 4	Fia Burr	13	Biggleswade	1:27.97
	L 3	Oliver Street	16	Linslade	2:18.03		L 5	Catherine Lyall	12	Putteridge	1:28.88
	L 4	Frank Dean	15	Leighton Buz	2:16.43		L 6	Elissa Neo	11	Linslade	1:30.31
	L 5	Ewan Long	16	Linslade	2:16.92		L 7	Emilie Blanchard	12	Bedford SS	1:30.83
	L 6	Nate Howson	15	Linslade	2:18.33		L 8	Katie Biscoe	12	Team Luton	1:31.18
	L 7	Jack Beer	15	Linslade	2:18.66						
	L 8	Lucas Moxon-Booth	15	Flitwick	2:19.08						



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H 7	L 1	Audrey Jones	12	Flitwick	1:27.33	H 16	L 1	Lexie Sandiford	13	Team Luton	1:14.54
	L 2	Charlotte Stocks	12	Linslade	1:26.27		L 2	Holly Larbey	17	Biggleswade	1:11.30
	L 3	Freya Boor	13	Biggleswade	1:25.98		L 3	Bethany Hamer	17	Linslade	1:09.38
	L 4	Libby Flitton	12	Dunstable	1:25.25		L 4	Eloise Cole	16	Bedford SS	1:03.96
	L 5	Clara Leon	13	Team Luton	1:25.31		L 5	Amy Meyer	15	Biggleswade	1:07.67
	L 6	Eva Jackson	12	Flitwick	1:26.23		L 6	Poppy Magill	16	Putteridge	1:10.00
	L 7	Kaylyn Sampong	13	Team Luton	1:27.13		L 7	Imola Jozsa	18	Putteridge	1:12.84
	L 8	Sofia Kumari	13	Bedford SS	1:27.97		L 8	Peggy Cartmell	16	Flitwick	1:14.90
H 8	L 1	Connie Flitton	13	Dunstable	1:24.47	Event 303 Open/Male 50m Breaststroke					
	L 2	Lucia Day	13	Team Luton	1:23.33	H 1	L 3	Edward Nicoll	10	Putteridge	1:04.40
	L 3	Grace Thomas	15	Flitwick	1:22.87		L 4	Alfie Mitchell	11	Linslade	1:03.27
	L 4	Olivia Cooper	15	Dunstable	1:22.81		L 5	Liam Twining	11	Dunstable	1:04.07
	L 5	Eva Thomas	15	Flitwick	1:22.87	H 2	L 2	Luke Hancock	11	Team Luton	59.90
	L 6	Coral Turner	14	Biggleswade	1:22.91		L 3	Jack Ellyard	10	Leighton Buz	58.97
	L 7	Florence Davies	14	Leighton Buz	1:23.87		L 4	Samuel Denmark	11	Putteridge	57.69
	L 8	Ella Fanning	13	Flitwick	1:24.53		L 5	Matthaios Tafasi	10	Putteridge	58.77
H 9	L 1	Ava Fallan	16	Bedford SS	1:22.18		L 6	Arthur De Voogt	10	Leighton Buz	59.73
	L 2	Eliza Jennings	12	Biggleswade	1:21.98		L 7	Arthur Juviler-Bacon	10	Linslade	1:00.60
	L 3	Abi Perry	13	Linslade	1:21.76	H 3	L 1	Harrison Briggs	11	Flitwick	56.98
	L 4	Alice Buckingham	11	Team Luton	1:21.55		L 2	Patryk Kreczkowski	11	Dunstable	56.69
	L 5	Emily Wood	15	Linslade	1:21.60		L 3	Louis Santillo	10	Putteridge	52.71
	L 6	Lily Sykes	13	Putteridge	1:21.80		L 4	Cameron Thackrah	11	Linslade	51.72
	L 7	Neehla Firoozmand	15	Linslade	1:22.10		L 5	Joseph Henderson	11	Bedford SS	52.41
	L 8	Harriet Scoines	14	Leighton Buz	1:22.56		L 6	Zach Clifford	11	Leighton Buz	55.85
H 10	L 1	Grace Barlow	18	Linslade	1:20.77		L 7	Ismail Ahmed Wagan	11	Putteridge	56.78
	L 2	Ella Pruce	14	Team Luton	1:20.42		L 8	Leonn Stark	10	Team Luton	57.11
	L 3	Siobhan Schneider	14	Bedford SS	1:20.27	H 4	L 1	George Outtram	11	Flitwick	49.67
	L 4	Eden Meanti	13	Putteridge	1:19.75		L 2	Luke Trull	12	Dunstable	48.09
	L 5	Elizabeth Stevenson	16	Biggleswade	1:20.00		L 3	Nathaniel Pantazi	12	Dunstable	46.81
	L 6	Ruby Ryall	19	Flitwick	1:20.40		L 4	Michael Hussain	13	Putteridge	44.17
	L 7	Aderes Litten	16	Flitwick	1:20.52		L 5	Alisters Cimermanis	12	Putteridge	46.40
	L 8	Evie Armstrong	12	Dunstable	1:21.40		L 6	Maxim Collinson	12	Team Luton	47.70
H 11	L 1	Arriana Green	14	Leighton Buz	1:19.44		L 7	Arthur Wainwright	11	Bedford SS	49.58
	L 2	Thea Birmingham	15	Biggleswade	1:19.09		L 8	Trey Bedeau	11	Dunstable	50.73
	L 3	Darcey Hepworth	17	Flitwick	1:18.88	H 5	L 1	Ben Goring-Farrow	13	Linslade	44.00
	L 4	Tabitha Frame	16	Bedford SS	1:18.64		L 2	Harrison Race	13	Flitwick	43.62
	L 5	Connie Brooker	17	Flitwick	1:18.69		L 3	Oliver Chadwick	14	Bedford SS	43.20
	L 6	Cydney Page	16	Flitwick	1:19.05		L 4	Mykhailo Vasyliev	14	Bedford SS	42.53
	L 7	Lily Jo Evans	14	Team Luton	1:19.12		L 5	Sonny Russo	14	Bedford SS	42.82
	L 8	Sophie Hume	15	Biggleswade	1:19.53		L 6	Veljko Zivko	14	Bedford SS	43.40
H 12	L 1	Olivia Lillywhite	28	Biggleswade	1:18.52		L 7	Noah Brazel-Hawkins	13	Dunstable	43.64
	L 2	Millie Hughes	18	Linslade	1:18.06		L 8	Elliot Bown	13	Team Luton	44.06
	L 3	Ruby Blackmore	18	Flitwick	1:17.80	H 6	L 1	Lucas Northey	14	Leighton Buz	41.56
	L 4	Lucy Banham	16	Linslade	1:17.29		L 2	Clark Meanti	11	Putteridge	41.40
	L 5	Evie Holmes	15	Linslade	1:17.50		L 3	Khaled Allam	13	Bedford SS	41.35
	L 6	Skylar Alderson	18	Dunstable	1:17.81		L 4	Leonardo Fajardo Romeo	15	Bedford SS	41.06
	L 7	Sophie Thackrah	14	Linslade	1:18.14		L 5	Steffaan McCusker	15	Leighton Buz	41.25
	L 8	Amerie Njawaya	14	Team Luton	1:18.57		L 6	George Rhodes	14	Team Luton	41.38
H 13	L 1	Niamh Bunker	14	Flitwick	1:16.42		L 7	Stewart Butler	14	Dunstable	41.47
	L 2	Emma Bird	17	Putteridge	1:15.98		L 8	George Hearn	14	Dunstable	42.16
	L 3	Emma Layzell	17	Linslade	1:15.80	H 7	L 1	Connor Mulholland	14	Putteridge	40.82
	L 4	Joselyn Oakes	15	Leighton Buz	1:15.70		L 2	Oliver Outtram	14	Flitwick	40.50
	L 5	Eva-May Bowie	13	Bedford SS	1:15.77		L 3	Thomas McMaster-Irons	15	Bedford SS	39.94
	L 6	Isabella Porzio	20	Putteridge	1:15.90		L 4	Euan Humphries	16	Flitwick	39.29
	L 7	Alicja Lewicka	17	Bedford SS	1:16.00		L 5	Thomas Fenwick	13	Team Luton	39.47
	L 8	Orla Hargreaves	14	Dunstable	1:17.26		L 6	Arnold Canares	15	Team Luton	39.96
H 14	L 1	Aimee Sanders	12	Dunstable	1:14.80		L 7	Matthew Horton	15	Dunstable	40.56
	L 2	Amber Flitton	15	Dunstable	1:12.01		L 8	Harry Rowson	13	Putteridge	40.94
	L 3	Tia Sammut	13	Bedford SS	1:09.98	H 8	L 1	Lochlan Shaw	14	Flitwick	39.12
	L 4	Lucy Young	19	Biggleswade	1:07.52		L 2	Ewan Long	16	Linslade	38.67
	L 5	Lucy Calver	16	Putteridge	1:08.05		L 3	Alfie Walshe	15	Flitwick	38.49
	L 6	Libby Whiting	15	Putteridge	1:10.61		L 4	Charlie Cunningham	15	Biggleswade	38.21
	L 7	Zoe Quarman	18	Bedford SS	1:14.39		L 5	Joseph Finnerty	16	Linslade	38.22
	L 8	Charlotte Belcher	14	Bedford SS	1:15.15		L 6	Owain Roberts	15	Team Luton	38.64
H 15	L 1	Emily Calvert	14	Team Luton	1:14.75		L 7	Luke Owens	14	Putteridge	38.80
	L 2	Amelia Porzio	16	Putteridge	1:11.70		L 8	Philip Spalding	14	Putteridge	39.12
	L 3	Abigail Davis	14	Bedford SS	1:09.84	H 9	L 1	Solomon Dent	15	Bedford SS	37.62
	L 4	Ellie King	24	Dunstable	1:06.98		L 2	Frank Dean	15	Leighton Buz	37.59
	L 5	Jessica Medicott	17	Dunstable	1:07.71		L 3	Alexander Nimalathanan	15	Linslade	36.71
	L 6	Charlie Duce	15	Bedford SS	1:10.59		L 4	Lewis Sweetlove	17	Linslade	36.27
	L 7	Charlotte Pound	15	Putteridge	1:12.96		L 5	Roux Maskell	15	Flitwick	36.50
	L 8	Bryony Murfitt	14	Biggleswade	1:14.94		L 6	Henry Fallan	15	Bedford SS	36.72
							L 7	Guglielmo Clark	16	Dunstable	37.61
							L 8	Oliver Quarman	15	Leighton Buz	38.03



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H 10	L 1	Berkley Barnicoat	15	Bedford SS	34.96	H 4	L 1	Thomas Allen	28	Flitwick	5:15.82
	L 2	Toby Northey	17	Leighton Buz	34.00		L 2	Daniel De Filippo	15	Flitwick	5:00.40
	L 3	Ollie O'Connor	16	Dunstable	31.74		L 3	George Prince	16	Putteridge	4:50.91
	L 4	Ryan Roberts	19	Putteridge	30.40		L 4	Harrison Shaw	17	Flitwick	4:39.30
	L 5	Adam Hazlewood	20	Putteridge	31.50		L 5	Ryan Roberts	19	Putteridge	4:48.98
	L 6	Maximus Atkin	15	Linslade	33.41		L 6	Daniel Meier	17	Biggleswade	4:55.41
	L 7	Archie Clarke	17	Flitwick	34.60		L 7	Harry Bird	15	Putteridge	5:13.22
	L 8	James Shaw	16	Dunstable	35.52		L 8	Luke Owens	14	Putteridge	5:19.35
H 11	L 1	Joseph Elliott	15	Flitwick	34.75						
	L 2	George Little	16	Bedford SS	33.54						
	L 3	Billy Knibb	19	Linslade	31.70						
	L 4	Austin Lillywhite	21	Biggleswade	29.30						
	L 5	Billy Mead	19	Linslade	31.30						
	L 6	Max Thomas	18	Flitwick	33.40						
	L 7	Oliver Bradshaw	17	Dunstable	34.50						
	L 8	Jack Beer	15	Linslade	35.41						
H 12	L 1	Oliver Fenwick	15	Team Luton	34.61						
	L 2	Daniel De Filippo	15	Flitwick	33.49						
	L 3	Luka Gnjatovic	17	Biggleswade	31.60						
	L 4	Lawrence Palmer	32	Putteridge	26.90						
	L 5	Sam Mead	22	Linslade	30.80						
	L 6	George Prince	16	Putteridge	31.88						
	L 7	Lucas Moxon-Booth	15	Flitwick	34.00						
	L 8	Emmanuel Kolobius	15	Team Luton	35.00						

Event 304 Female 200m Butterfly

H 1	L 3	Elissa Neo	11	Linslade	3:31.47
	L 4	Lucy Tucker	13	Flitwick	3:18.18
	L 5	Libby Flitton	12	Dunstable	3:29.55
H 2	L 2	Catherine Lyall	12	Putteridge	3:12.38
	L 3	Nicole Cashin	14	Team Luton	3:07.90
	L 4	Florence Whittaker	14	Biggleswade	2:57.13
	L 5	Emily Calvert	14	Team Luton	3:04.39
	L 6	Sophie Kelly	13	Flitwick	3:11.43
	L 7	Abi Perry	13	Linslade	3:15.48
H 3	L 1	Evie Armstrong	12	Dunstable	2:54.78
	L 2	Amber Flitton	15	Dunstable	2:52.68
	L 3	Grace Armstrong	15	Dunstable	2:51.18
	L 4	Anna Rumley	19	Flitwick	2:49.40
	L 5	Sophie Weston	15	Bedford SS	2:50.09
	L 6	Emma Bird	17	Putteridge	2:51.77
	L 7	Niamh Bunker	14	Flitwick	2:54.56
	L 8	Megan Barnicoat	13	Bedford SS	2:56.46
H 4	L 1	Melike Dagdelen	15	Putteridge	2:41.91
	L 2	Eloise Cole	16	Bedford SS	2:34.45
	L 3	Poppy Magill	16	Putteridge	2:30.16
	L 4	Annie McLeod	16	Putteridge	2:25.83
	L 5	Isabella Porzio	20	Putteridge	2:27.87
	L 6	Eleanor McLeod	16	Putteridge	2:30.86
	L 7	Yasmine Ollerenshaw	15	Flitwick	2:39.82
	L 8	Eva-May Bowie	13	Bedford SS	2:47.30

Event 305 Open/Male 400m IM

H 1	L 3	Casper Whittaker	12	Biggleswade	6:34.90
	L 4	Xavier Zerban	13	Biggleswade	5:53.81
	L 5	Thomas Fenwick	13	Team Luton	5:54.72
H 2	L 1	Alexander Nimalathan	15	Linslade	5:51.97
	L 2	Lochlan Shaw	14	Flitwick	5:44.76
	L 3	Joseph Finnerty	16	Linslade	5:40.39
	L 4	Charlie Cunningham	15	Biggleswade	5:40.08
	L 5	Oliver Girvan	17	Bedford SS	5:40.19
	L 6	Archie Henderson	15	Bedford SS	5:41.66
	L 7	Harry Forsyth	17	Linslade	5:49.90
H 3	L 1	Joseph Elliott	15	Flitwick	5:37.30
	L 2	Kian Ptolomey	14	Putteridge	5:34.96
	L 3	Lewis Sweetlove	17	Linslade	5:27.62
	L 4	Philip Spalding	14	Putteridge	5:20.58
	L 5	Oliver Fenwick	15	Team Luton	5:25.72
	L 6	George Saunders	14	Team Luton	5:33.99
	L 7	Lucas Moxon-Booth	15	Flitwick	5:36.22
	L 8	Roux Maskell	15	Flitwick	5:37.55



Start Lists Session Three

Event 306 Female 10/11 Yrs 100m Backstroke

Final				
L 1	Sophie Andrews	10	Flitwick	1:35.76
L 2	Isabella Morris	11	Bedford SS	1:34.51
L 3	Evie Spalding	10	Putteridge	1:32.68
L 4	Alice Buckingham	11	Team Luton	1:20.27
L 5	Elissa Neo	11	Linslade	1:30.13
L 6	Mia Hayes	11	Leighton Buz	1:32.95
L 7	Eleanor Wahl	11	Leighton Buz	1:35.34
L 8	Jemima Green	10	Dunstable	1:37.35

Event 307 Female 12 Yrs 100m Backstroke

Final				
L 1	Emilie Blanchard	12	Bedford SS	1:28.12
L 2	Evie Armstrong	12	Dunstable	1:25.65
L 3	Eliza Jennings	12	Biggleswade	1:23.21
L 4	Aimee Sanders	12	Dunstable	1:15.66
L 5	Eva Jackson	12	Flitwick	1:22.26
L 6	Charlotte Stocks	12	Linslade	1:23.92
L 7	Catherine Lyall	12	Putteridge	1:26.90
L 8	Audrey Jones	12	Flitwick	1:28.67

Event 308 Female 13 Yrs 100m Backstroke

Final				
L 1	Lily Sykes	13	Putteridge	1:24.49
L 2	Abi Perry	13	Linslade	1:21.31
L 3	Eva-May Bowie	13	Bedford SS	1:15.42
L 4	Tia Sammut	13	Bedford SS	1:10.97
L 5	Lexie Sandiford	13	Team Luton	1:15.18
L 6	Eden Meanti	13	Putteridge	1:20.93
L 7	Lucia Day	13	Team Luton	1:23.27
L 8	Ella Fanning	13	Flitwick	1:24.76

Event 309 Female 14 Yrs 100m Backstroke

Final				
L 1	Siobhan Schneider	14	Bedford SS	1:18.93
L 2	Orla Hargreaves	14	Dunstable	1:18.07
L 3	Emily Calvert	14	Team Luton	1:15.89
L 4	Abigail Davis	14	Bedford SS	1:12.55
L 5	Charlotte Belcher	14	Bedford SS	1:14.61
L 6	Bryony Murfitt	14	Biggleswade	1:17.88
L 7	Amerie Njaway	14	Team Luton	1:18.32
L 8	Lily Jo Evans	14	Team Luton	1:20.51

Event 310 Female 15 Yrs 100m Backstroke

Final				
L 1	Joselyn Oakes	15	Leighton Buz	1:18.27
L 2	Evie Holmes	15	Linslade	1:15.78
L 3	Charlotte Pound	15	Putteridge	1:10.32
L 4	Amy Meyer	15	Biggleswade	1:09.85
L 5	Charlie Duce	15	Bedford SS	1:09.99
L 6	Libby Whiting	15	Putteridge	1:13.27
L 7	Amber Flitton	15	Dunstable	1:15.95
L 8	Emily Wood	15	Linslade	1:20.31

Event 311 Female 16 Yrs 100m Backstroke

Final				
L 1	Cydney Page	16	Flitwick	1:20.57
L 2	Peggy Cartmell	16	Flitwick	1:17.89
L 3	Amelia Porzio	16	Putteridge	1:13.93
L 4	Eloise Cole	16	Bedford SS	1:05.73
L 5	Lucy Calver	16	Putteridge	1:11.82
L 6	Poppy Magill	16	Putteridge	1:15.28
L 7	Lucy Banham	16	Linslade	1:19.03
L 8	Tabitha Frame	16	Bedford SS	1:21.98

Event 312 Female 17 Yrs/Over 100m Backstroke

Final				
L 1	Imola Jozsa	18	Putteridge	1:16.27
L 2	Holly Larbey	17	Biggleswade	1:14.11
L 3	Ellie King	24	Dunstable	1:11.48
L 4	Lucy Young	19	Biggleswade	1:10.32
L 5	Jessica Medicott	17	Dunstable	1:11.18
L 6	Bethany Hamer	17	Linslade	1:12.03
L 7	Emma Bird	17	Putteridge	1:15.45
L 8	Zoe Quarman	18	Bedford SS	1:17.01

Event 313 Open/Male 10/11 Yrs 50m Breaststroke

Final				
L 1	Trey Bedeau	11	Dunstable	52.21
L 2	Louis Santillo	10	Putteridge	51.54
L 3	Joseph Henderson	11	Bedford SS	49.93
L 4	Clark Meanti	11	Putteridge	47.72
L 5	George Outtram	11	Flitwick	48.86
L 6	Cameron Thackrah	11	Linslade	50.24
L 7	Arthur Wainwright	11	Bedford SS	51.62
L 8	Leonn Stark	10	Team Luton	53.04

Event 314 Open/Male 12 Yrs 50m Breaststroke

Final				
L 3	Nathaniel Pantazi	12	Dunstable	48.61
L 4	Maxim Collinson	12	Team Luton	46.45
L 5	Alisters Cimermanis	12	Putteridge	47.10
L 6	Luke Trull	12	Dunstable	51.13

Event 315 Open/Male 13 Yrs 50m Breaststroke

Final				
L 1	Elliot Bown	13	Team Luton	44.26
L 2	Michael Hussain	13	Putteridge	43.30
L 3	Harry Rowson	13	Putteridge	41.97
L 4	Thomas Fenwick	13	Team Luton	39.39
L 5	Khaled Allam	13	Bedford SS	40.33
L 6	Harrison Race	13	Flitwick	42.98
L 7	Ben Goring-Farrow	13	Linslade	44.24
L 8	Noah Brazel-Hawkins	13	Dunstable	45.90

Event 316 Open/Male 14 Yrs 50m Breaststroke

Final				
L 1	Oliver Chadwick	14	Bedford SS	40.76
L 2	George Rhodes	14	Team Luton	40.55
L 3	Stewart Butler	14	Dunstable	39.99
L 4	Luke Owens	14	Putteridge	38.70
L 5	Lochlan Shaw	14	Flitwick	39.44
L 6	George Hearn	14	Dunstable	40.54
L 7	Philip Spalding	14	Putteridge	40.75
L 8	Veljko Zivko	14	Bedford SS	40.82

Event 317 Open/Male 15 Yrs 50m Breaststroke

Final				
L 1	Jack Beer	15	Linslade	36.33
L 2	Oliver Fenwick	15	Team Luton	35.61
L 3	Joseph Elliott	15	Flitwick	35.20
L 4	Maximus Atkin	15	Linslade	33.43
L 5	Daniel De Filippo	15	Flitwick	34.18
L 6	Lucas Moxon-Booth	15	Flitwick	35.21
L 7	Berkley Barnicoat	15	Bedford SS	35.70
L 8	Alexander Nimalathasan	15	Linslade	36.57

Event 318 Open/Male 16 Yrs 50m Breaststroke

Final				
L 1	Joseph Finnerty	16	Linslade	39.02
L 2	Guglielmo Clark	16	Dunstable	38.17
L 3	George Prince	16	Putteridge	33.90
L 4	Ollie O'Connor	16	Dunstable	33.31
L 5	George Little	16	Bedford SS	33.65
L 6	James Shaw	16	Dunstable	37.63
L 7	Euan Humphries	16	Flitwick	38.40
L 8	Ewan Long	16	Linslade	39.93

Event 319 Open/Male 17 /Over 50m Breaststroke

Final				
L 1	Ryan Roberts	19	Putteridge	32.76
L 2	Billy Knibb	19	Linslade	32.15
L 3	Billy Mead	19	Linslade	31.46
L 4	Lawrence Palmer	32	Putteridge	28.56
L 5	Austin Lillywhite	21	Biggleswade	30.63
L 6	Sam Mead	22	Linslade	31.59
L 7	Adam Hazlewood	20	Putteridge	32.46
L 8	Luka Gnjatovic	17	Biggleswade	33.01